




JILLIBEAN DESIGN
grow your spirit

JBD Inspired Gemstone Guide

SPIRITUALITY
AMETHYST//



Promotes spiritual awareness, builds intuition, balance of inner peace, healing stability and inspiration. Supports sobriety, promotes change and increases self worth.

POSITIVITY
CARNELIAN//



A stone of ambition, confidence, individuality, courage, self-esteem, precision, passion, sexuality, physical energy and celebration.

TRANQUILITY
AVENTURINE//



Sparks creativity, imagination, independence, prosperity and career success. Balances masculine and feminine energy; encourages leadership and decisiveness.

BALANCE
PURPLE FLOURITE//RAINBOW



Connects one to life force, well-being, peace; aligns body with spirit. Inspires inner and outer awareness; fosters truth, intellect, clarity and consciousness.

WISDOM
TURQUOISE//



A stone of meditation, energy, wisdom, communication, inner strength, friendship and love. Helps with sadness and grief, positive thinking and self realization.

HARMONY
JADE//



Projects love, health, wealth, longevity, wisdom, justice, mercy, emotional balance, stamina fidelity, humility, generosity and peace.

KNOWLEDGE
SODALITE//



A stone of intelligence, knowledge and understanding. Aids in communication, self-esteem, restoring calm, stabilization, stimulation of inner knowing and meditation.

TRUTH
CITRINE//



Stone encourages prosperity, generosity, creativity, pleasure, protection, alignment, stability, moderation, career success, truth and spiritual growth.

RENEWAL
PERIDOT//



Fosters renewal, growth, stress reduction, relaxation, rebirth, health, vigor and inspires healing.

PEACE
AMAZONITE//



Inspires hope, centering of oneself, balance, focus, stabilization, emotional control, soothing and bestows truth.

EXPLORE
IOLITE//



This exploration stone enhances curiosity, awakens our inner knowledge and encourages acceptance of financial responsibility.

CONFIDENCE
GARNET//



Repels against negativity, guards against depression, increases sexual energy, encourages love and soulmate attraction. The positive confidence stone.

COURAGE
AGATE//



Gives a sense of strength and courage. Protects new life. Success. Increases concentration, clarity. Encourages fertility. Aids in overcoming flaws fears, and loneliness.

SOOTHE
AQUA MARINE//



Beauty, loyalty, honesty, denote sea water, sparks the fire of love in marriage; use to promote a long and happy marriage, encourage new friendships and happiness; protection when traveling on water.

NURTURE
CHALCEDONY//



Releases creativity, stimulates feelings of maternity and nurturing. Known as the "nursing mother's stone", softens the attitude and brings purity and well being into daily living.

JOY
RED CORAL//



Helps tame compulsiveness, protects from depression, helps with conception, adoption, ease of childbirth, transition into motherhood. Brings childlike joy to the wearer.

COMFORT
JASPER//



Helps one to enter into a gentle, relaxed and comforting state. Promotes wholeness, healing and wellness; gives closure and promotes gentle endings.

VISION
LABRAORITE//



Increases strength of will, feeling of inner worth, and understanding of one's destiny. Attracts success, encourages dreams and inspires calmness.

INSPIRATION
LAPIS LAZULI//



Expands, calms and quiets the mind, encourages openness and organization. Brings self expression, helps with dream insight, writing and creativity. A powerful aphrodisiac.

GROWTH
MALACHITE//



Restores peacefulness and balance. Reverses overtoxication. Use to increase concentration and to balance left/right brain thinking. Inspires giving of self. Protection stone during pregnancy and childbirth. Aids in overcoming emotional pain.

INTUITION
MOONSTONE//RAINBOW



The relationship stone good for both male/female. Strengthens female intuition and soothes stress and anxiety. Also good for protection during travels, pregnancy and childbirth. A stone of rejuvenation that allows for new beginnings.

FREEDOM
OBSIDIAN//SNOWFLAKE



Protects sensitive people from disease. Promotes acceptance of grief and love loss, deflection of negativity, grounding and clarity. Helps one dissolve hidden and buried emotions that manifests as illness in the body.

ABUNDANCE
OPAL// BLUE PERUVIAN



A symbol of hope, happiness, and truth. Enhances cosmic consciousness, creativity, possibilities, abundance, happy dreams, memory change, healing and spontaneity. Brings energy to the body and soul to help one do more.

BEAUTY
PEARL//



Helps one love themselves and helps to improve their self-worth. Symbolizes beauty, love, happiness and success, especially when worn at weddings.

CLARITY
QUARTZ//CRYSTAL



The power stone that harmonizes and balances. Enhances energy and positive thoughts, purifies mind, body and spirit. A powerfully protective stone. Brings in purified energy.

LOVE
QUARTZ//ROSE



Opens up the heart for giving and receiving love. A calming stone. Good for Pregnancy, childbirth and weight loss. Promotes peace, happiness and gentleness. Excellent when life becomes chaotic or busy or when one is feeling out of balance.

GRACE
RHODONITE//



A stone of elegance and grace. Fosters peace generosity, unconditional service, love and peace to humankind.

INTEGRITY
TIGER'S EYE//



Promotes acceptance and clarity in situations outside of one's control. Fosters self-discipline practicality, financial stability, integrity will power, personal power and prosperity.

TRANSFORMATION
UNAKITE//



An excellent stone for emotional balance, for releasing past pain soul healing, transformation and connection with higher self. Used to encourage reproduction, fertility and healthy pregnancies.

INTELLECT
APATITE//



Enhances intellect, focus, learning, achieving results, healing, insight, humanitarianism meditation, balance, creativity. Said to foster harmony and peace through communication with one's higher selves and the world and to suppress appetite and raise metabolism.

STRENGTH
ONYX//



Aides in self-control, decision making, conquering challenges, intuition, and recognition of personal strengths. Helps with elimination of apathy, stress, and negative thinking. Used for helping concentration levels and aiding with absentmindedness. Valuable during difficult times in our lives. Enhances power of other stones.

PROTECTION
SERPENTINE//NEW JADE



Use to attract long life, love, and money, emotional cleansing, psychic powers, protection, meditation, and restores self-confidence. A stone also known for healing infections, cellular regeneration and balancing female hormones.

CONDUIT
SILVER//STERLING



Fosters hope, intuition, meditation, unconditional love, mothering, nurturance, grounding, appreciation of women and nature, mystic visions, spiritual and romantic love, tenderness, kindness, sensitivity and psychic abilities. Enhances and stores energies of gemstones and is used to draw out negative energies. This metal is sacred to the Moon.

HEALTH
COPPER//



Healing properties have been known about copper since the Middle Ages. Promotes positive attitude, cleansing, purification, self-esteem, communication and energy. Often used with clear quartz crystals because it facilitates the flow of energy.